

The 72 hour rule

With winter storms pummeling most of Canada in recent weeks, the prospect of becoming stranded in your home for a period of time with limited resources is an all-too-real scenario. Are you ready for such a possibility? The Canadian government warns that every Canadian homeowner should equip their residence with sufficient supplies to last every member of your household for a period of 72 hours without power or tap water.

Here's a list of the provisions you're recommended to have at the ready in an easy to find, easy to carry, pre-packaged emergency kit:

- Water – at least two litres of water per person per day. Include small bottles that can be carried easily in case of an evacuation order
- Food that won't spoil, such as canned food, energy bars and dried foods (remember to replace the food and water once a year)
- Manual can-opener
- Flashlight and batteries
- Candles and matches or lighter (remember to place candles in sturdy containers and to put them out before going to sleep)
- Battery-powered or wind-up radio (and extra batteries)
- First aid kit
- Special items such as prescription medications, infant formula and equipment for people with disabilities
- Extra keys for your car and house
- Some cash in smaller bills, such as \$10 bills and change for payphones
- A copy of your emergency plan and contact information

Want more information about how to prepare your home and your family for a possible emergency? Visit http://www.getprepared.ca/kit/basic_e.asp

Promoting safe homes and safe neighbourhoods is just one of the many ways that local **Coldwell Banker®** companies and their sales professionals put something back into the communities where they do business. With a little planning, your Home Sweet Home can also be a Home Safe Home!

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